

‘intheknow’

information + support

Fall/Winter 2019 FamilySmart® Presents “In the Know”

Join us for the following Video Presentations:

October 29, 2019: Worries & Woes: Identifying and
Preventing Anxiety in Children

November 26, 2019: Judging Ourselves – Judging Others

December 11, 2019: Holiday Social

Location:

10645-63 Ave
Edmonton, AB T6H 1P7

Time:

6:30 pm – 8:30 pm

FREE OF CHARGE

Please RSVP or by email: lori.erickson@familysmart.ca



‘intheknow’ provides expert speakers on topics important to families and/or to those working to support the mental health of children and youth.

Viewing is available:

Online at:

www.familysmart.ca/in-the-know

In person at community sites:

www.familysmart.ca/events/

The in person viewing also provides an opportunity for supported conversations.